



open words™

Harness the power language to
create clarity, trust, and
psychological safety.



Words shape our relationships, our culture, and our results.

Open Words invites individuals and teams to examine the way they communicate - intentionally, habitually, and unconsciously - and provides the tools to make language a force for connection instead of confusion. This powerful program equips participants to speak with courage, listen with empathy, and use language that aligns with values, builds trust, and creates forward momentum.

What to Expect

- Examine how your language choices influence trust and connection
- Increase awareness of unconscious communication habits
- Practice using clear, courageous, and intentional language
- Strengthen your ability to give and receive feedback effectively
- Explore how fostering psychological safety requires intentionality, self-awareness, and ongoing practice.

Leave ready to use your words as a powerful tool for leadership and connection.

Open Words Group Training

Format:

Onsite: 4 hours

Virtual: 2.5 hours

Audience:

New Hires, Professionals
and/or Leaders

“This program gave me the confidence to speak with clarity and compassion - even in hard conversations.”

- InteraWorks Participant

Why it Works

Open, honest communication is a hallmark of psychologically safe, high-performing teams. Drawing on principles from neuro-linguistic programming, social psychology, and emotional intelligence, **Open Words** shows how language influences thought patterns and relational dynamics. When words are aligned with purpose and values, people feel seen, heard, and understood - unlocking greater collaboration and trust.

Results You'll Feel + See

For Individuals



- Greater confidence in speaking up with clarity and courage
- Improved listening and understanding in challenging conversations
- Increased awareness of language patterns that limit or empower
- Practical skills to navigate conflict and deliver feedback
- More purposeful, authentic communication

For Teams



- Stronger team alignment and reduced miscommunication
- More open, inclusive, and respectful dialogue
- Enhanced collaboration and decision-making
- A shared language for building trust and moving forward
- A culture where transparency and empathy thrive

Quantum Leadership

This program is part of the **Quantum Leadership** Suite - an advanced development suite designed for leaders ready to meet the demands of a rapidly changing world. Rooted in awareness, intuition, and intentional action, each program in the suite helps expand leadership capacity from the inside out. These experiences empower individuals and teams to lead with greater clarity, confidently navigate complexity, and drive meaningful transformation across their organizations.

Continue the Transformation!

All participants gain access to **InteraLabs™** - complimentary, live learning sessions that explore emerging topics and reinforce learning through dialogue, experimentation, and ongoing growth. Stay connected, curious, and courageous!