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Stacy Cross
Communication Lead, InteraWorks
(512) 474-5200
info@interaworks.com

InteraWorks' Anne McGhee-Stinson Article Featured in Police Chief Magazine

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Collaborating to bring their unique views and expertise to the current challenges of police training in an rapidly changing world, siblings Anne McGhee-Stinson of InteraWorks and Lt. Sam McGhee of the Aurora Police Department, Colorado, have co-authored the feature article in the May issue of *Police Chief Magazine*.

Entitled *Employing Neuroscience to Strengthen Public Safety Effectiveness*, the article focuses on the unprecedented transformation being experienced by law enforcement in an increasingly complex world and the new demands on preparedness training and support needed to meet the challenges.

The role of neuroscience and resiliency training is more critical than ever in creating and maintaining a balanced, healthier, and more effective police force. Traditional law enforcement training is steeped in habitual practice and behaviors. While beneficial for many situations, it may inhibit an officer's ability to respond effectively to morphing threats. The authors explore ways that new findings in neuroscience can be implemented in training to improve performance, well-being, and resiliency for police officers, including paths to better adaptation in high stress, split-second decision-making scenarios.

Anne and Sam recently co-presented on this very topic at the Homeland Security Education Summit, discussing the implications and advantages of addressing the way in which law enforcement officers are trained to better equip them with skills that enable them to adapt to mutating threatening environments. "We must look to the science of our times and equip professionals with the tools they need to cope with the challenges facing our communities, organizations and institutions," said McGhee-Stinson. "We can do better and we urgently need to wake up to that fact."

[Click here to read the article](#)

About Anne McGhee-Stinson

Anne McGhee-Stinson is Managing Partner and Director of Practice for InteraWorks. She has more than 25 years of experience in neurolinguistics-based leadership coaching, learning development, productivity, and performance consulting.

Recognized for her expertise in helping organizations address the key issues leading to stress induced burn-out and overwhelm, Anne currently serves on the steering committee of the Information Overload Research Group (IORG). Her international experience includes serving as Regional Director for Learning and Development programs in Europe and Far East Asia. For many years she also facilitated a staff development program at the United States Air Force Academy

About Lt. Sam McGhee

As a lieutenant with the Aurora, Colorado Police Department, Sam McGhee has served for over 39 years with experience at all levels of law enforcement. He is currently assigned as the commanding officer of the



Professional Standards Section and routinely serves as the acting Compliance and Professional Standards Division Chief. He has served as deputy executive director of the Colorado Information Analysis Center (CIAC); Colorado's homeland security fusion center and as a Fellow at the Interagency Threat Assessment and Coordination Group, (ITACG), located at the National Counterterrorism Center (NCTC) in Washington, D.C.

Lt. McGhee is a member of the Criminal Intelligence Coordinating Council, the Committee on Homeland Security for the International Association of Chiefs of Police (IACP), and a current and past contributing writer for *The Police Chief* and *Homeland Security Today* magazines respectively. In addition, he travels the country briefing first responders on the Century 16 Theater shooting in Aurora, CO, has presented the Department of Homeland Security's Active Shooter Preparedness Workshop, and has guest lectured at the Naval Postgraduate School, the FBI Academy, and the CIA's Sherman Kent School. Lt. McGhee is an adjunct faculty member for Penn State University's School of Public Affairs, Homeland Security Program, and Colorado Technical University's College of Security Studies.

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